

Frozen Meals

SMALL \$6.00 funded \$8.50 full price
LARGE \$8.00 funded \$12.00 full price

ROAST with vegetables		SM	LG
A1	Roast chicken		
A2	Roast beef		
A3	Roast pork		
PASTA		SM	LG
A10	Vegetarian macaroni & cheese		
A13	Spaghetti bolognese		
A19	Chicken & broccoli carbonara		
TRADITIONAL		SM	LG
A14	Chicken potato bake		
A15	Parmesan crusted fish with parsley sauce & new potatoes		
A17	Pork sausages with mash		
A20	Corned beef with mash & vegetables		
A22	Lamb rissoles with roast potatoes		
A27	Lamb shank with mint sauce & mash		

Frozen Meals

SMALL \$6.00 funded \$8.50 full price
LARGE \$8.00 funded \$12.00 full price

TAKEAWAY MEALS		SM	LG
A11	Chicken stir fry with steamed rice		
A12	Beef chow mein with noodles		
PIES		QTY	
C3	Lamb pie with rosemary potatoes		
C4	Chicken and vegetable pie		
C5	Pumpkin & feta tart		

Salads

\$8.00 funded \$12.00 full price

SALADS (contain egg)		QTY
D1	Garden salad	
D2	Garden salad - Chicken	
D3	Garden salad - Ham	
D4	Chicken Caesar salad	

Soup

\$3.00 funded \$4.00 full price

SOUP		QTY
B1	Soup of the week with crusty bread roll	

Sandwiches

\$5.50 funded \$7.50 full price

SANDWICHES		QTY
E2	Ham, cheese & tomato	
E3	Turkey & cranberry	
E6	Egg & lettuce	
Circle one	White	Wholemeal

Desserts

\$3.00 funded \$4.50 full price

DESSERTS		QTY
F1	Chocolate & raspberry cheesecake	
F2	Pineapple crumble with custard	
F4	Key lime pie with ice-cream	

Canapé Snack Box

\$3.00 funded \$4.50 full price

		QTY
S1	Carrot sticks, celery sticks, cheese, crackers & dip	



Monthly Special

		SM	LG
ZM1	Christmas ham dinner		
ZM2	Christmas turkey dinner		
ZM3	Christmas pudding		

Comments



How to order

Fill out this order form and give it to your Meals on Wheels driver or return it to us at the centre. You are also welcome to phone in your order to the office on 07 5494 6948.

Please note:

Orders of over 14 meals will require advance notice and approval.

Delivery

Meals can be delivered every Monday, Wednesday and Friday (depending on area).

If it is more convenient, your order can be picked up from our office.

Special arrangements are made for public holidays.

Payment

You will be invoiced for your meals.

Accounts can be settled in person, by mail or over the phone. Invoices can be paid by cash, credit card or cheque.



GLASSHOUSE
COUNTRY MEALS
OUR KITCHEN TO YOURS



Name:

Delivery Date:

Ph: 07 5494 6948

352 Peachester Road
Beerwah Q 4519
www.ghcare.org.au