

Frozen Meals

SMALL \$6.00 funded \$8.50 full price
LARGE \$8.00 funded \$12.00 full price

ROAST with vegetables		SM	LG
A1	Roast chicken		
A2	Roast beef		
A3	Roast pork		
PASTA		SM	LG
A16	Vegetable primavera pasta		
A18	Beef lasagne		
A19	Chicken & broccoli carbonara		
TRADITIONAL		SM	LG
A21	Chunky chicken, mushroom & leek casserole		
A22	Lamb rissoles with roast potatoes		
A23	Devilled sausages with mash		
A24	Crumbed steak with mash		
A25	Crumbed fish with parsley sauce		
A27	Lamb shank with mint sauce & mash		

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TAKEAWAY MEALS		SM	LG
A26	Butter chicken with rice		
A28	Sweet & sour chicken with fried rice		
PIES		QTY	
C1	Steak & kidney pie, mash & peas		
C2	Chicken & asparagus pie with mini roasties		

Salads

\$8.00 funded \$12.00 full price

SALADS (contain egg)		QTY
D1	Garden salad	
D2	Garden salad - Chicken	
D3	Garden salad - Ham	
D4	Chicken Caesar salad	
D6	Asian chicken salad with noodles & sesame dressing	

Soup

\$3.00 funded \$4.00 full price

SOUP		QTY
B1	Soup of the week with crusty bread roll	

Sandwiches

\$5.50 funded \$7.50 full price

SANDWICHES		QTY
E2	Ham, cheese & tomato	
E3	Turkey & cranberry	
E6	Egg & lettuce	
Circle one	White	Wholemeal

Desserts

\$3.00 funded \$4.50 full price

DESSERTS		QTY
F3	Raspberry cheesecake	
F5	Apple crumble with custard	
F7	Sticky date pudding with custard	

Canapé Snack Box

\$3.00 funded \$4.50 full price

		QTY
S1	Carrot sticks, celery sticks, cheese, crackers & dip	

★ Monthly Special ★

Frozen Meal		SM	LG
ZM1	Spaghetti bolognese		

Comments



How to order

Fill out this order form and give it to your Meals on Wheels driver or return it to us at the centre. You are also welcome to phone in your order to the office on 07 5494 6948.

Please note:

Orders of over 14 meals will require advance notice and approval.

Delivery

Meals can be delivered every Monday, Wednesday and Friday (depending on area).

If it is more convenient, your order can be picked up from our office.

Special arrangements are made for public holidays.

Payment

You will be invoiced for your meals.

Accounts can be settled in person, by mail or over the phone. Invoices can be paid by cash, credit card or cheque.



GLASSHOUSE
COUNTRY MEALS
OUR KITCHEN TO YOURS



Name:

Delivery Date:

Ph: 07 5494 6948

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